“In a racist society it is not enough to be non-racist, we must be anti-racist.”

___ Angela Davis

“One either allows racial inequities to persevere, as a racist, or confronts racial inequities, as an antiracist. There is no in-between safe space of “not racist.” The claim of “not racist” neutrality is a mask for racism.”

___ Ibram X. Kendi, How to Be an Antiracist

The beauty of anti-racism is that you don’t have to pretend to be free of racism to be anti-racist. Anti-racism is the commitment to fight racism wherever you find it, including in yourself. And it’s the only way forward.

___ Ijeoma Oluo

more Black bodies fall into the bag of my heart
continuous rage

___ Tasha K. Ryals
This anti-racist resource guide was crafted amidst the anger of the latest black body turned hashtag #AhmaudArbery. It is consistently being updated to address the current climate of our country and the personal growth needed to sustain this life-long journey. Please note that this document was and will continue to be a group effort. Suggested additions or other feedback can be emailed to me at the address below. I have tried extremely hard to thoroughly comb through these resources before they were listed, but always seeking new material. It took a lot of time and energy, emotional and mental labor to get this document to its current update. Some have asked about financially supporting the continued work of this anti-racism resource, that info is also below.

This is just a resource, not a map leading to a destination, but help along the way, a strong start. The tendency to try and get through this list in its entirety and feel accomplished or to get overwhelmed by the ever growing list are real reactions we should leave behind. Again, this IS LIFE-LONG WORK that we choose to enter into, a journey for an anti-racist traveler that will take a lifetime.

Starting Your Journey begins on page three and is based on Ibram X. Kendi’s anti-racism syllabus. There are four steps to guide you into the other resources that begin on page four. If you don’t feel quite ready to begin your journey, you can start below with some suggested pre-reading. Throughout the guide you will notice, White authors are noted, books are alphabetized by author, and podcasts, movie trailers, and organization websites are all linked. It is strongly encouraged that if you choose to purchase a book, you find it on a site that benefits the writer the most.

It is important to start somewhere, even though there is no end point. This is a tool. This does not even brush the surface of anti-racism resources, but it is a start. Learning, re-learning, and decolonizing history are all necessary pieces of this journey, but should coincide with other things like listening, taking action, financially supporting, decentering whiteness, etc.

For those who identify as Black, Indigenous, and Persons of Color (BIPOC) engagement with these resources may be triggering. These materials are intended to help you further understand oppressive systems, and provide more tools and resources to fight these systems while recognizing how your own bias contributes to your prejudices.

For those of you who are White, engaging with these resources could bring a negative or defensive reaction. I encourage you to challenge your own culture, privilege, and bias while continuing the fight against oppressive systems that you benefit from.

I truly believe that this ongoing work is a journey of empathy and care for humanity, individually and collectively. We must engage if we want to do intentional anti-racism work in our families, our classrooms, our conversations, our meetings, our community, our country, and our world.

_Tasha K. Ryals_

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Venmo: @tatortash
CashApp: $tatortash

| SUGGESTED PRE-READING |  |
**Blindspot**
Mahzarin R. Banaji

**Racism Without Racists: Color-blind Racism And The Persistence Of Racial Inequality In America**
Eduardo Bonilla-Silva

**Biased**
Jennifer L. Eberhardt, PhD

**Lies My Teacher Told Me: Everything Your American History Textbook Got Wrong**
James W. Loewen (white author)

**So You Want To Talk About Race**
Ijeoma Oluo

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**STARTING YOUR JOURNEY**

1. **Define Race**

   *Fatal Invention: How Science, Politics, Big Business, Re-create Race In The 21st Century*
   Dorothy Roberts

2. **Define Racism & Anti-racism**

   *Stamped From the Beginning: The Definitive History of Racist Ideas In America*
   Ibram X. Kendi

   *How To Be Antiracist*
   Ibram X. Kendi

   *or*

   *Stamped: Racism, Antiracism, and You*
   Ibram X. Kendi & Jason Reynolds

3. **Settle Your Feelings**

   BIPOC Learners should read:
   *Locking Up Our Own: Crime and Punishment In Black America*
4. Continue Your Journey

Anti-racism is life-long work for all of us, there is no finish line. May we continue to move forward, instead of backwards. Start somewhere, start anywhere.

Page four begins the evolving list of resources organized by topic, and medium. Feel free to use the outline on the left to navigate the resources.

CONTINUING THE JOURNEY

How Does It Feel To Be A Problem? Being Young And Arab In America
Moustafa Bayoumi

The Next American Revolution: Sustainable Activism For The Twenty-First Century
Grace Lee Boggs

Tears We Cannot Stop: A Sermon To White America
Michael Eric Dyson

Ghosts In The Schoolyard: Racism And School Closings On Chicago’s South Side
Eve L. Ewing

How To Be Less Stupid About Race: On Racism, White Supremacy And The Racial Divide
Crystal M. Flemming

Tell Me Who You Are
Winona Guo & Priya Vulchi

**This Book is Anti-Racist: 20 Lessons on How To Wake Up, Take Action, And Do The Work**
Tiffany Jewell & Aurelia Durand

**Why We Can’t Wait**
Martin Luther King, Jr.

**They Can’t Kill Us All: Ferguson, Baltimore, and a New Era In America’s Racial Justice Movement**
Wesley Lowery

**Citizen: An American Lyric**
Claudia Rankine

**American Lynching**
Ashraf H. A. Rushdy

**The Politics Of The Veil**
Joan Wallach Scott (white author)

**The Origins Of The Urban Crisis: Race and Inequality In Postwar Detroit**
Thomas Sugrue (white author)

**“Why Are All The Black Kids Sitting Together In The Cafeteria” And Other Conversations On Race**
Beverley Daniel Tatum, PhD

**A People’s History Of The United States**
Howard Zinn (white author)

**MEMOIRS**

**I Know Why The Caged Bird Sing**
Maya Angelou

**I’m Still Here: Black Dignity In A World Made For Whiteness**
Austin Channing Brown

**Between The World And Me**
Ta-nehisi Coates

**Eloquent Rage**
Brittney Cooper

*Minor Feelings: An Asian American Reckoning*
Cathy Park Hong

*Good Talk: A Memoir In Conversation*
Mira Jacob

*When They Call You A Terrorist: A Black Lives Matter Memoir*
Patrisse Khan-Cullors & Asha Bandele

*Paper Sons*
Dickson Lam

*Heavy: An American Memoir*
Kiese Laymon

*Redefining Realness: My Path To Womanhood, Identity, Love & So Much More*
Janet Mock

*The Auto-Biography Of Malcolm X*
Malcolm X
ESSAYS

The Fire Next Time
James Baldwin

Black Is The Body: Stories From My Grandmother’s Time, My Mother’s Time, And Mine
Emily Bernard

We Were Eight Years In Power: An American Tragedy
Ta-Nehisi Coates

We Gon’ Be Alright: Notes on Race & Resegregation
Jeff Chang

If They Come In The Morning... Voices Of The Resistance
Edited by Angela Davis

The Souls of Black Folk
W.E.B. Du Bois

Bad Feminist
Roxane Gay

Sister Outsider: Essays & Speeches
Audre Lorde

This Bridge Called My Back: Writings By Radical Women Of Color
Edited By Cherrie Moraga & Gloria Anzaldúa

The Fire This Time: A New Generation Speaks About Race
Jesymn Ward
FICTION

**Poet X**
Elizabeth Acevedo

**Homegoing**
Yaa Gyasi

**Welcome To Braggsville: A Novel**
T. Geronimo Johnson

**The Other Americans**
Laila Lalami

**The Bluest Eye**
Toni Morrison

**Americanah**
Chimamande Ngozi Adichie

**All American Boys**
Jason Reynolds

**We Cast A Shadow**
Maurice Carlos Ruffin

**The Hate U Give**
Angie Thomas

**The Paragon Hotel**
Lyndsay Faye (white author)
CHILDREN'S LITERATURE

The Undefeated
Kwame Alexander, illustrated by Kadir Nelson

Something Happened In Our Town
Marianne Celano, Marietta Collins, and Ann Hazzard, illustrated by Jennifer Zivoin

I Am Not A Number
Jenny Kay Dupuis & Kathy Kacer, illustrated by Gillian Newland

Anti-Racist Baby
Ibram X. Kendi, illustrated by Ashley Lukashevsky

Separate Is Never Equal: Sylvia Mendez And Her Family's Fight For Desegregation
Duncan Tonatuuh

Young Water Protectors: A Story About Standing Rock
Aslan & Kelly Tudor

The Day You Begin
Jaqueline Woodson, illustrated by Rafael Lopez

Moses: When Harriet Tubman Led Her People To Freedom
Carole Boston Weatherford, illustrated by Kadir Nelson

The Boy And The Wall
Palestinian Children in the Aida Refugee Camp
PARENTING

The First R: How Children Learn Racism
Debra Van Ausdale & Joe R. Feagin (white author)

Motherhood So White: A Memoir of Race, Gender, and Parenting In America
Nefertiti Austin

Teaching Your Kid About Black History Month (Article)
Nefertiti Austin

Parenting Forward
Cindy Wang Brandt

Parenting Forward (Podcast)

Revolutionary Mothering: Love On The Front Lines
Edited by Alexis Pauline Gumbs, China Martens, and Mai’a Williams

Raising White Kids: Bringing Up Children In A Racially Unjust America
Jennifer Harvey

We Live for the We: The Political Power of Black Motherhood
Dani McClain
ASIAN & PACIFIC ISLANDER STUDIES

**The Myth Of The Model Minority: Asian Americans Facing Racism**
Rosalind S. Chou & Joe R. Feagin (white author)

**Two Faces Of Exclusion: The Untold Story Of Anti-Asian Racism In The United States**
Lon Kurashige

**The Making Of Asian America**
Erika Lee

**On Gold Mountain**
Lisa See

**Strangers From A Different Shore: A History of Asian Americans**
Ronald Takaki

**They Called Us Enemy (Graphic Novel)**
George Takei

**Yellow Peril!: An Archive of Anti-Asian Fear**
Edited by John Kuo Wei Tchen and Dylan Yeats (white author)

**Yellow: Race In America Beyond Black And White**
Frank H. Wu

**Alien Nation: Chinese Migration In The Americas From The Coolie Era Through World War II**
Elliott Young

**The Good Immigrants: How The Yellow Peril Became The Model Minorities**
Madeline H. Ysu

**Asian American Dreams: The Emergence Of An American People**
Helen Zia

**Asian Americans (Mini-Series)**
PBS

**Long Distance (Podcast)**

**Self Evident(Podcast)**
CHICANX/LATINX STUDIES

Borderlands/La Frontera
Gloria Anzaldúa

Open Veins of Latin America: Five Centuries of Pillage of A Continent
Eduardo Galeano

Inventing Latinos: A New Story of American Racism
Laura E. Gomez [Available August 2020]

De Colores Means All Of Us
Elizabeth Martinez

Latinos Who Lunch (Podcast)
INDIGENOUS STUDIES

Native: Identity, Belonging, And Rediscovering God
Kaitlin Curtice

An Indigenous People's History Of The United States
Roxanne Dunbar-Ortiz (white author)

Why Indigenous Literatures Matter
Daniel Heath Justice

Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, And The Teaching Of Plants
Robin Wall Kimmerer

Highway of Tears: A True Story of Racism, Indifference, And The Pursuit Of Justice For Missing And Murdered Indigenous Women and Girls
Jessica McDiarmid (white author)

The Other Slavery
Andrés Reséndez

Seven Fallen Feathers
Tanya Talaga

All Our Relations: Indigenous Trauma In The Shadow Of Colonialism
Tanya Talaga

All Our Relations: Finding The Path Forward
Tanya Talaga

Everything You Wanted To Know About Indians But Were Afraid To Ask
Anton Treuer

Rez Life: An Indian's Journey Through Reservation Life
David Treuer
BLACK STUDIES

The Education Of Blacks In The South, 1860-1935
James D. Anderson

The Half Has Never Been Told: Slavery And The Making Of American Capitalism
Edward E. Baptist (white author)

A Black Women's History Of The United States
Daina Ramey Berry & Kali Nicole Gross

The Price For Their Pound Of Flesh: The Value Of The Enslaved, From Womb to Grave, In The Building Of A Nation
Daina Ramey Berry

Selma (movie)
Directed by Ava Duverney

Ain't I a Woman: Black Women and Feminism
Bell Hooks

March Trilogy (graphic novels)
John Lewis, Andrew Aydin, Nate Powell

North Of Slavery: The Negro In The Free States, 1780-1869
Leon F. Litwack (white author)

Black Stats: African Americans By The Numbers In The Twenty-First Century
Monique M. Morris

Pushout: The Criminalization of Black Girls in Schools
Monique M. Morris

From #BlackLivesMatter To Black Liberation
Keeanga-Yamahtta Taylor

A More Beautiful And Terrible History: The Uses And Misuses Of Civil Rights History
Jeanne Theoharis

The Underground Railroad (Historical Fiction)
Colson Whitehead

The Warmth of Other Son: The Epic Story Of America’s Great Migration
Isabel Wilkerson

African American History: From Emancipation to the Present
HEALTH AND MEDICINE

Just Medicine: A Cure For Racial Inequality In The American Health Care System
Dayna Bowen Matthew

The Immortal Life Of Henrietta Lacks
Rebecca Skloot (White Author)

Medical Apartheid: The Dark History Of Medical Experimentation On Black Americans From Colonial Times To The Present
Harriet A. Washington

Flatlining: Race, Work, And Healthcare In The New Economy
Adia Harvey Wingfield

LAND AND HOUSING

Evicted: Poverty And Profit In The American City
Matthew Desmond (white author)

The Color of Law: A Forgotten History on How Our Government Segregated America
Richard Rothstein (white author)
TEACHING

For All You White Folks Who Teach In The Hood...And The Rest Of Ya’ll Too
Christopher Emdin

Not Light, But Fire: How To Lead Meaningful Race Conversations In The Classroom
Matthew R. Kay

Culturally Responsive School Leadership
Muhammad Khalifa

We Want To Do More Than Just Survive: Abolitionist Teaching And The Pursuit Of Educational Freedom
Bettina L. Love

Start Where You Are But Don't Stay There: Understanding Diversity, Opportunity Gaps, And Teaching In Today's Classroom
H Richard Milner IV

Cultivating Genius: An Equity Model for Culturally and Historically Responsive Literacy
Gholdy Muhammad

White Teachers Need Anti-racist Therapy (article)
Bettina L. Love

Everyday AntiRacism: Getting Real About Race In Schools
Mica Pollock (white author)
Conversation Starters with #schooltalking

A Framework For Teaching American Slavery

Teaching While White Foundational Texts

Teaching Tolerance Classroom Resources

IMMIGRATION

Create Dangerously: The Immigrant Artist At Work
Edwidge Danticat

My Family Divided
Diane Guerrero

Call Me American
Abdi Nor Iftir

Tell Me How It Ends: An Essay In Forty Questions
Valeria Luiselli

Enrique’s Journey
Sonia Nazario

The Devil's Highway: A True Story
Luis Alberto Urrea
The Undocumented Americans
Karla Cornejo Villavicencio

VOTING

One Person, One Vote: How Voter Suppression Is Destroying Our Democracy
Carol Anderson

Give Us The Vote: The Modern Struggle For Voting Rights In America
Ari Berman
MASS INCARCERATION

The New Jim Crow
Michelle Alexander

Slavery By Another Name: The Re-enslavement Of Black Americans From The Civil War To World War II
Douglass A. Blackmon (white author)

Choke Hold: Policing Black Men
Paul Butler

Are Prisons Obsolete?
Angela Y. Davis

From The War On Poverty To The War On Crime: The Making Of Mass Incarceration In America
Elizabeth Hinton

An American Marriage (Fiction)
Tayari Jones

Just Mercy: A Story Of Justice And Redemption
Bryan Stevenson

Just Mercy (Movie)
Directed by Destin Daniel Cretton

The Nickel Boys (Historical Fiction)
Colson Whitehead

13th (Movie)
An American Documentary Directed by Ava Duvernay

When They See Us (Mini-Series)
Netflix Original Co-Written and Directed by Ava Duvernay

Ear Hustle (Podcast)
WHITE STUDIES

The Invention of The White Race: Volume 1: Racial Oppression and Social Control Theodore W. Allen (white author)

The Invention of The White Race: Volume 2: The Origin of Racial Oppression in Anglo-America
_________________________
Theodore W. Allen (white author)

White Rage
_________________________
Carol Anderson

What Does It Mean To Be White: Developing White Racial Literacy
_________________________
Robin DiAngelo (white author)

We Talk Different Episode #63-The 'What Does It Mean To Be White' Edition with Robin Di’Angelo (Podcast)

Black Like Me
John Howard Griffin

White Kids: Growing Up With Privilege In A Racially Divided America
Margaret A. Hagerman

The History of White People
_________________________
Nell Irvin Painter

Me And White Supremacy: Combat Racism, Change The World, and Become A Good Ancestor
_________________________
Layla F. Saad

White Like Me: Reflections On Race From A Privileged Son
_________________________
Tim Wise (white author)
HEALING AND RESTORATION

The Little Book on Race and Restorative Justice
Fania E. Davis

The Innerwork of Racial Justice: Healing Ourselves and Transforming Our Communities Through Mindfulness
Rhonda V. Magee

My Grandmother's Hands: Racialized Trauma And The Pathway To Mending Our Broken Hearts And Bodies
Resmaa Menakem

Annealiese A Singh, PhD, LPC
FOR THE CHURCH

The Cross and the Lynching Tree
James H. Cone

Unsettling Truths: The Ongoing, Dehumanizing Legacy Of The Doctrine Of Discovery
Mark Charles & Soong-Chan Rah

Divided By Faith: Evangelical Religion And The Problem Of Race In America
Michael O. Emerson & Christian Smith (white author)

Rethinking Incarceration: Advocating For Justice That Restores
Dominique Du Bois Gilliard

White Awake: An Honest Look At What It Means To Be White
Daniel Hill

Trouble I've Seen: Changing The Way The Church View Racism
Drew Hart

**An Introduction to Womanist Biblical Interpretation**
Nyasha Junior

**Recovering From Racism: City Ministry In “Post-Racial” America**
Larry Lloyd (white author)

**Woke Church: An Urgent Call For Christians In America To Confront Racism And Injustice**
Eric Mason

**Road Map To Reconciliation: Moving Communities Into Unity, Wholeness and Justice**
Brenda Salter McNeil

**Introducing Womanist Theology**
Stephanie V. Mitchem

**The Long Repentance (Bible Study)**
Mako Nagasawa

**Let Justice Roll Down**
John Perkins

**Prophetic Lament: A Call For Justice In Troubled Times**
Soong-Chan Rah

**Beyond Colorblind: Redeeming Our Ethnic Journey**
Sarah Shin

**Urbana 1970: Racism & World Evangelism (Sermon)**
Speech by Tom Skinner

**Jesus And The Disinherited**
Howard Thurman

**The Color of Compromise**
Jemar Tisby

**Footnotes with Jamar Tisby (Podcast)**

**Reconstructing The Gospel: Finding Freedom From The Slaveholder Religion**
Jonathan Wilson-Hartgrove (white author)

**Centering: The Asian American Christian Podcast (Podcast)**
Truth’s Table (Podcast)
ARTICLES

On Being Comfortable with Discomfort: Tiffany Jewell Explains What It Means To Be Anti-racist
Vanessa Willoughby

The Case for Reparations
Ta-nehisi Coates

Why I Am No Longer Talking To White People About Race
Reni Eddo-Lodge

EJI Lynching In America Interactive Resource
Equal Justice Initiative

Are All White Americans Police Officers?
Andre Henry

White Privilege: Unpacking The Invisible Knapsack
Peggy McIntosh

America, The House That Slavery Built
Tasha Williams

Blacks And Jews Entangled
Edward S. Shapiro (white author)
MOVIES & CLIPS (Linked)

#1619 Project Interview with Hannah Jones

Campaign Zero Interview on MSNBC On Justice for Ahmaud Arbery

I Am Not Your Negro
Written by James Baldwin and Directed by Raoul Peck

Fruitvale Station
Directed by Ryan Coogler

Race: The Power Of Illusion
PBS

American Son
Directed by Kenny Leon

How Studying Privilege Systems Can Strengthen Compassion
Peggy McIntosh

Mudbound
Directed by Dee Rees

Black Feminism & The Movement For Black Lives
Barbara Smith, Reina Gossett, Charlene Carruthers

The Hate U Give
Directed by George Tillman Jr.
OTHER RESOURCE LISTS (Linked)

30+ Resources To Help White Americans Learn About Race and Racism

75 Things White People Can Do For Racial Justice

Anti-Oppression Resource Guide

Anti-Racism Resource Guide for White People

Jenna Arnold's Resources

Rachel Ricketts' Anti-Racism Resources

Resources For White People To Learn And Talk About Racis
PODCASTS (Linked)

1619
About Race
All My Relations

Antiracist Pod Squad

Code Switch

Combing The Roots

Healing Justice

Intersectionality Matters

Identity Politics

Momentum: A Race Forward Podcast

Pod For The Cause

Pod Save The People

Puestas Pa’l Problema

See Something Say Something

Speaking of Racism

Still Processing

The Nod

We Talk Different

What Would Our Ancestors Think

White Lies
FOLX TO FOLLOW

Rachel Cargle
Jelani Cobb
Mari Copeny
Sybrina Fulton
Elwing Suong Gonzalez
Britt Hawthorne
Ally Henny
Myisha T. Hill
Bernice King
Deray Mckesson
S. Lee Merritt, Esq.
Latasha Morrison
Brittany Packnett Cunningham
Sam Sinyangwe
Clint Smith
Tori Williams Douglass

[Any Author Listed Above]
ORGANIZATIONS

Asian American Justice Center
Be the Bridge
Black Lives Matter
Campaign Zero
Color of Change
Dignity In Schools
Equal Justice Initiative
NAACP
Showing Up For Racial Justice
Southern Poverty Law Center
The Audre Lorde Project
the conscious kid
The Decolonial Atlas
The King Center
Zinn Education Project
Teaching Tolerance